

A safe and supported sensory environment.

Snoezelen

What is Snoezelen?

Snoezelen is an environment where primary senses can be stimulated by combinations of soft music, lighting effects, gentle vibrations, touch, hydrotherapy and aromatherapy. Snoezelen therapy helps children, adults and seniors overcome physical and emotional barriers. Snoezelen comes from the Dutch words, snuffelen (to sniff) and dozelen (to snooze).

Community Living London offers two types of Snoezelen, the dry room and wet room.



Who is it for?

People who experience Snoezelen range from infants to the elderly, with a vast range of abilities and needs.

What are the benefits?

Snoezelen increases desired behaviours through improved physical health, mood, attention, memory and relaxation.

Training is provided and mandatory for the use of these rooms. Once trained, people are able to book the Snoezelen spaces.

For more information, training or to book a room, contact:

Snoezelen

519-433-3371 ext. 301 or online at www.cll.on.ca

“Amazing! She is actually following the fibre optics (bright lighted strings).”

Ecstatic parent of a 12 year old girl diagnosed blind at birth.



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