



Alex's Story - My Life Changed with Augmentative Communication

Hello, my name is Alex. Just over a year ago, my family and I made some decisions and changes about how I would spend my day. I had recently graduated from high school and was looking for meaningful daytime opportunities to participate in. I love dogs, using the iPad and hunting for movie treasures at thrift stores.

When I first came to Ford Access, my staff utilized the resources in the Augmentative Communication room to set up a visual schedule for each day that I attended programs. This was a great help to me. I clearly knew my plan for the day and could anticipate what I was doing at which time. My days are busy- I enjoy swimming at the YMCA, volunteering at a church and recycling. I love music, working out, and bowling. My daily schedule has been organized to include activities that I prefer and thoroughly look forward to. It has been a great year!

My life is ever changing; the next big adventure is to move out with a roommate. This is an exciting time of change for me and my family. My new house is close to my sisters and I look forward to my family coming for visits.

Since I love technology and my iPad specifically, I am also going to be broadening my communication through acquiring and learning how to use Proloquo2Go. The Augmentative Communication program at Community Living London is going to support me, my staff and family so I can clearly tell people my hopes, dreams and desires.